

# Questions to Ask...



## *after breast surgery*

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ANSWERS TO THESE QUESTIONS WILL HELP YOU PLAY AN ACTIVE ROLE IN YOUR RECOVERY.

1. Are there special exercises I should be doing? What type do you recommend? How long should I continue them?
2. Are there any precautions I should take? For example, if lymph nodes were removed, should I avoid getting shots, shaving, having my blood pressure taken, blood drawn or having cuticles cut during manicures on the affected arm?
3. When will I be able to get back to my normal routine (*such as driving, returning to work, etc.*)?
4. What problems, specifically, should I report to you?
5. How can I get a copy of the hospital pathology report of my surgery and lymph node analysis for my records?
6. What is lymphedema? What precautions do I take to avoid it?
7. Where can I find a breast cancer support group?

ANSWERS TO THESE QUESTIONS BELOW WILL HELP YOU PREPARE FOR FOLLOW-UP VISITS TO THE DOCTOR.

1. If additional therapy is being considered, can you refer me to a medical oncologist?
2. When the additional therapy is completed, who will be responsible for my follow-up care? How often should I return for an exam? For lab tests or x-rays?
3. What tests will be done at these times?
4. What will the tests tell us?
5. What kind of physician should I see for my long-term follow-up care?

