

FALL 2015

# Breast Cancer Support Groups



The Adelphi NY Statewide Breast Cancer Hotline & Support Program offers new on-going support groups beginning this Fall.

| WEEKLY GROUPS   |  |  | BI-WEEKLY GROUPS  |  | MONTHLY GROUP  |
|---|--|--|---|--|--|
| <b>General</b>  | <b>Young Women<br/>40 and under</b>  | <b>Newly Diagnosed</b>   | <b>Women with<br/>Metastatic Disease</b>  | <b>Caregivers of People<br/>with Breast Cancer</b>   | <b>Knit &amp; Chat</b>   |
| <b>Monday<br/>6:00 - 7:30 p.m.</b>  | <b>Tuesday<br/>6:00 - 7:30 p.m.</b>  | <b>Friday<br/>10:00 - 11:30 a.m.</b>   | <b>1<sup>st</sup> and 3<sup>rd</sup> Thursday<br/>of the Month<br/>6:00 - 7:30 p.m.</b> | <b>2<sup>nd</sup> and 4<sup>th</sup> Thursday<br/>of the Month<br/>6:00 - 7:30 p.m.</b>                                      | <b>Last Wednesday<br/>of the Month<br/>11:30 a.m. - 1 p.m.</b>   |
| Women who have had breast cancer will have the opportunity to meet in this group. | This support group will focus on the unique needs and concerns of women under 40 who are diagnosed with breast cancer. | When a person first hears they are diagnosed with breast cancer they have a million questions, fears, and are looking for support. | Meet with other women who are surviving metastatic breast cancer.                       | Any person who is experiencing the stress and anxiety of caring for a loved one with breast cancer should attend this group. | Spend time working on a project while chatting with other breast cancer survivors. Bring your knitting or crochet project or make a scarf to donate to someone currently undergoing treatment for breast cancer. |

All groups will meet at the Adelphi School of Social Work in Garden City. There is no charge to attend.

A Virtual Support Group, Support Group for Men with Breast Cancer and BRCA+ Support Group is available upon request.

For information, questions, and to sign up, call Erin Nau, Counseling and Education Coordinator, at (516) 877-4314 or call the Breast Cancer Hotline at (800) 877-8077.



[breast-cancer.adelphi.edu](http://breast-cancer.adelphi.edu)

- **Pre-registration is required.**
- These groups and others are offered upon request.
- Additional groups can also be offered off-site, in the community.
- For information, questions, or to join a support group, call the Hotline at **800.877.8077** or Erin Nau, LCSW, *Counseling/Education Coordinator*, at 516.877.4314.
- Groups are held at the Adelphi Breast Cancer Program, Adelphi University School of Social Work, Garden City, N.Y.

*All services are free and confidential.*

*Call our hotline at 800.877.8077 for answers  
to your questions and concerns about breast cancer.*



**Adelphi University  
School of Social Work  
1 South Avenue, PO Box 701  
Garden City, New York 11530-0701**

Non-Profit  
Organization  
U.S. Postage  
**PAID**  
Adelphi  
University

**FALL 2015**

# Breast Cancer Support Groups