February, 2017

ADELPHI NY STATEWIDE

# BREAST CANCER HOTLINE & SUPPORT PROGRAM 800.877.8077

#### We are here for you. STAY CONNECTED.

breast-cancer.adelphi.edu
One South Avenue, PO Box 701 • Garden City, NY 11530
Offices: 516-877-4320 • Fax: 516-877-4336 • E-mail: <a href="mailto:breastcancerhotline@adelphi.edu">breastcancerhotline@adelphi.edu</a>

# CREATIVE CUPS 2017 AUCTION & RECEPTION

Register Today!!!



Register for the Auction & Reception

Thursday, March 16, 2017
7:00 - 9:00 p.m.
in the
Ruth S. Harley University Center,
Adelphi University

# **CREATIVE CUPS 2017 CALENDARS**

# Purchase this beautiful calendar for 2017. They are available for a limited time only!



The 8.5 x 11 wall calendar, highlights thirteen months of fabulous Creative Cups to brighten up your year. At only **\$20.00 each**, the Creative Cups 2017 Calendar will make an attractive decorative accent in any home or at the office.

- Features 13 full-color images of bras transformed into works of art.
- Bonus planner page
- Ample space for notes and important dates
- Observes major holidays
- Premarked with the Creative Cups 2017 Gala and Auction on March 16, 2017.

## » Order your Creative Cups 2017 Calendar today!

Calendars will be sold for a limited time only and will not be sold at the event.

# **CREATIVE CUPS SPONSORSHIPS**

Our next **Creative Cups**<sup>™</sup> exhibit and auction will be held on **March 16, 2017** and we hope you will become part of it. We invite you to partner with us as we plan for the 5th Creative Cups<sup>™</sup> exhibit and auction.

It is not too late to become a sponsor!!! Unfortunately our coffee table book has gone to print. However, your name will still appear in our program, the scroll, website and social media.

Please <u>click here</u> to review the list of sponsorship opportunities and to register online. If you are becoming a creative cups sponsor and would like your donation to be made in honor/memory of someone, please call Michelle Lamberson at 516.877.4320 to give the name.

# **SUPPORT GROUPS**

#### 2017 On-Going Breast Cancer Support Groups

The Adelphi NY Statewide Breast Cancer Hotline & Support Program offers on-going support groups.



#### **WEEKLY GROUPS**

General • Monday 6:00 - 7:30 p.m.

Women who have had breast cancer will have the opportunity to meet in this group.

#### Caregivers of People with Breast Cancer • Monday 6:00 - 7:30 p.m.

Any person who is experiencing the stress and anxiety of caring for a loved one with breast cancer should attend this group.

#### Young Women 40 and Under • Tuesday 6:00 - 7:30 p.m.

This support group will focus on the unique needs and concerns of women under 40 who are diagnosed with breast cancer.

#### Newly Diagnosed • Friday 10:00 - 11:30 a.m.

When a person first hears they are diagnosed with breast cancer they have a million questions, fears, and are looking for support.

#### **BI-WEEKLY GROUPS**

#### Newly diagnosed Stage 4 Breast Cancer. 2nd and 4th Thursday of the Month • 7:00 - 8:00 p.m.

Meet with other women who have been recently diagnosed with Stage 4 Breast Cancer.

# Women with Metastatic Disease 2nd and 4th Wednesday of the Month • 7:00 - 8:00 p.m.

Meet with other women who are surviving metastatic breast cancer.

All groups will meet at the Adelphi School of Social Work in Garden City.

A Virtual Support Group, Support Group for Men with Breast Cancer and BRCA+ Support Group is available upon request.

For information, questions, or to join a support group, call Erin Nau, LCSW, Counseling & Education Coordinator at 516-877-4314 or <a href="mailto:enau@adelphi.edu">enau@adelphi.edu</a>

All services are free and confidential. These support groups are for ALL SURVIVORS.

Our 2017 support groups are sponsored by the Alpern Family Foundation

# **FORUMS**

Did you miss our medical forum on December 13th?



We held a forum in collaboration with Northwell Health Cancer Institute:

#### HOW TO INTERPRET YOUR MEDICAL RESULTS

The forum discussed how to be a better advocate for your health by learning how to better read your records. The speaker for the evening was Mitchell A. Adler, MD, JD, MPH, FACP.

If you were unable to join us for the forum, please watch the video of the event on our YouTube channel by visiting:

www.youtube.com/AUBreastCancer

Our 2017 forums are sponsored by The Junior Coalition of the Manhasset Women's Coalition Against Breast Cancer.

### **EVENTS**



## **CREATIVE CUPS 2017**

Mark your calendar for the Creative Cups Auction & Reception: March 16, 2017

**<u>Click here</u>** to register for the event

## REGISTER FOR THE LI2DAY WALK



# **Click here** to register to participate in the 13.1 Mile Walk on Saturday, June 10, 2017.

## **CANCER AND CAREERS**



The Adelphi NY Statewide Breast Cancer Hotline & Support Program is pleased to partner with Cancer and Careers on the 7th Annual National Conference on Work & Cancer, on Friday, June 23, 2017, in New York City!

This FREE event will explore the complexities working people face as they try to balance their cancer treatment and recovery with employment. Topics will include job search, legal issues, health insurance, working during treatment and more.

CEUs will be offered for oncology nurses and social workers.

Travel scholarships are available until April 14th!

For more details or to register, please visit www.cancerandcareers.org/conference.

# **RESEARCH OPPORTUNITIES**

Please use the contact information listed for each research project if you are interested in participating.



ADELPHI NY STATEWIDE BREAST CANCER HOTLINE & SUPPORT PROGRAM
Adelphi University, School of Social Work, 1 South Ave, PO Box 701, Garden City, NY 11530

OFFICE: 516.877.4320 • HOTLINE: 800.877.8077 • breast-cancer.adelphi.edu

# HAVE YOUR VOICE HEARD

Are you a current or former participant in a Breast Cancer support group?

Participate in a Research Study and share your experiences in Breast Cancer Support Groups.

#### WHAT IS THE PURPOSE?

The purpose of this study is to better understand the long term benefits as identified by participants in breast cancer support groups. This survey will identify common reasons for attending a support group, their identified benefits, overall experiences, and the long term impact on their survivorship. Identifying these factors will allow breast cancer agencies to plan and facilitate more sustainable support groups.

#### YOU CAN PARTICIPATE IN THIS STUDY IF YOU:

- Have ever participated in a breast cancer support group
- Are over the age of 18

This survey is being conducted by Erin Nau, LCSW and Hillary Rutter, LCSW of the Adelphi NY Statewide Breast Cancer Hotline & Support Program.



This survey will be conducted online. All information will be confidential. Your participation in this study is 100% voluntary and should only take 5-10 minutes.

# If you would like to participate please click here.

If you have any questions, please contact Erin Nau <a href="mailto:enau@adelphi.edu">enau@adelphi.edu</a> or Hillary Rutter <a href="mailto:rutter@adelphi.edu">rutter@adelphi.edu</a>

Thank you for participating in the survey. Please share this survey with others who might qualify.



### Participate in a Research Study on Geriatric Assessment for Patients 70+: Bridging the GAP to Improve Chemotherapy Toxicities

This study is being conducted to find out if a Geriatric Assessment (survey) can help improve and develop a standard approach for reducing side effects from chemotherapy in older patients with cancer.

For more information about this study, please <u>Click here</u> to see the brochure.

If interested, speak with your doctor or contact **Dr. Vincent Vinciguerra** at North Shore-LIJ Health System, Monter Cancer Center 450 Lakeville Road, Lake Success, NY 11042 • 516-734-8954



#### Research Participants Needed for Study Of Early Onset Breast Cancer

A research study is being conducted at The Feinstein Institute for Medical Research, part of Northwell Health, to learn more about how genetic variants act and are influenced by other genes or environmental factors in the development of breast cancer before the age of 40 years. The researcher, Annette Lee, PhD is recruiting women with and without BRCA mutations who were diagnosed with early onset breast cancer to participate in this study.

The purpose of the study is to learn more about how genetic variants influence the development of breast cancer in women under the age of 40 years. Ultimately the researchers hope this knowledge can prove useful for determining individual risk of developing early onset breast cancer.

To participate in the study, you must be over the age of 18, and have been diagnosed with breast cancer before the age of 40. If you choose to participate, you will be asked to provide a saliva sample (less than 1 teaspoon) and provide information about yourself, your medical history and your family history. The sample and information you provide will be used for this study and also stored in a specimen bank for use in additional future studies.

To learn more about this study, please contact the study nurse at 516-562-8377 or tdp@northwell.edu



# **SURVEY**

February 1, 2016

#### Take the First Ever National Young Adult Cancer Survey!

Cancer in young adults sucks. But you already knew that.

In an unprecedented partnership, Stupid Cancer, Young Survival Coalition (YSC) and Critical Mass are teaming up for the first ever **National Young Adult Cancer Survey**.

Please help us prioritize, in your opinion, the most pressing issues facing the young adult cancer movement today. Your insight will help us more effectively and efficiently channel our collaborative strategy.

Take the survey here: http://YoungAdultCancerSurvey.org

This is kind of a big deal, so thank you for being awesome!

Heidi Adams, CEO, Critical Mass Jennifer Merschdorf, CEO, Young Survival Coalition Matthew Zachary, CEO, Stupid Cancer



# A PHASE 1 STUDY OF THE SAFETY AND TOLERABILITY OF SINGLE AGENT MSI-1436C IN METASTATIC BREAST CANCER PATIENTS

Northwell Health in collaboration with Cold Spring Harbor Laboratory and DepYmed, inc. have a new clinical trial is available which involves an experimental drug that interferes with breast cancer growth. For more information, <u>click here</u>.



# WE WOULD LIKE TO WISH A HAPPY BIRTHDAY TO ALL OF OUR VOLUNTEERS WHO WILL BE CELEBRATING IN THE MONTH OF FEBRUARY

Kristine D. Susan W. Randee C. Merna S.

# STAY CONNECTED TO US!!!

#### There are many reasons to connect to us on social media....

- See photos of our wonderful volunteers at our outreach events
- Stay up-to-date on events, forums and support groups
- Read news articles and new study's on breast cancer
- Read inspiring stories from our volunteers
- If you are unable to attend an event, watch our livestream of the event online
- See the wonderful people and businesses that support and more...

FACEBOOK: www.facebook.com/adelphibreastcancerhotline

TWITTER: @AUbreastcancer

PINTEREST: www.pinterest.com/nysbreastcancer

YOUTUBE: www.youtube.com/user/AUBreastCancer



### SISTERS UNITED IN HEALTH



#### WE CAN...

- Help you get a free or low-cost mammogram REGARDLESS OF YOUR HEALTH INSURANCE OR IMMIGRATION STATUS.
- Answer your breast health and breast cancer questions and provide educational materials.
- Provide breast health workshops at no cost. Available in English and Spanish.

Sisters United in Health now has their own facebook page.

Please <u>click here</u> to like the page.



#### GET A REFERRAL FOR A FREE OR LOW-COST MAMMOGRAM

For more information call Sisters United in Health at 800.559.6348 or **click here** to learn more.



We are happy to announce that we have added a LIVE CHAT feature to our website. You can visit our website <u>breast-cancer.adelphi.edu</u> to live chat with a survivor or a social worker.

# **EVENT CALENDAR**

1. Creative Cups 2017 - March 16, 2016



#### YOUR CONTRIBUTIONS ARE ESSENTIAL.

The Adelphi NY Statewide Breast Cancer
Hotline & Support Program is working hard to educate, support, empower and advocate for breast cancer patients, professionals and the community and we need your help.

Please click here to donate today to support our program.