

Questions to Ask...



about complementary wellness & medicine

ANSWERS TO THESE QUESTIONS WILL HELP YOU UNDERSTAND
COMPLEMENTARY MEDICINE.

1. What is complementary medicine?
2. What are some complementary modalities that can be helpful?
(i.e. guided imagery, massage therapy, yoga, reiki, meditation, nutrition, acupuncture).
3. Where can I find a certified or licensed practitioner who has an understanding of the special needs of cancer patients?
4. Will my insurance cover complementary wellness treatments?

