Questions to Ask...

about hormone therapy

Answers to these questions will help you understand the reason for hormone treatment.

- 1. Which hormone treatments are you recommending for me and why?
- 2. What are the hormone treatments supposed to do?
- 3. What are the short and long-term side effects of this hormone treatment?
- 4. What are the risks of hormone treatment?

Answers to these questions below will help you prepare for the treatment itself.

- 1. How soon should the hormone therapy be started? How long will I be taking the hormone treatments?
- 2. In what form and how often will the treatment be given?
- 3. Will I be given the hormone therapy along with other forms of treatment?
- 4. Is the cost of hormone treatment covered by my health insurance?
- 5. Is there anything I can do or take to minimize the effects of premature menopause?