

We are here for you. STAY CONNECTED.



ADELPHI NY STATEWIDE
BREAST CANCER HOTLINE & SUPPORT PROGRAM

800.877.8077
breast-cancer.adelphi.edu

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Event Calendar

Champions for Charity
Nov 30 - Dec 3, 2017

L12Day Walk



TIS' THE SEASON FOR GIVING

Help support our program. Your
contributions are essential.

June 9, 2018

Thank you to all our sponsors

We would like to say thank you to all our amazing sponsors. (listed below in alphabetical order)

Alpern Family Foundation Inc.

The Beth C. Tortolani Foundation

Kat's Ribbon of Hope

L12Day

Manhasset Women's Coalition
Against Breast Cancer

The Junior Coalition of the
Manhasset Women's Coalition
Against Breast Cancer

Nassau County Women's
Bar Foundation

NYS Department of Health

Pink Aid

Plastic Surgery Foundation

DONATE

The Adelphi New York Statewide Breast Cancer Hotline & Support Program is working hard to educate, support, empower and advocate for breast cancer patients, professionals and the community. We are asking for your help. Please **click here** to donate today to support our program.

WE ARE HERE 365 DAYS A YEAR!



Our hotline is available **365 days** a
year
including Christmas and New Years.
Call the Adelphi Breast Cancer
Program
hotline anytime at **800.877.8077**.

*The online chat will not be available during the
holidays.

FORUMS

Managing Your Lymphedema



manage it.

Did you miss our **Managaing Your Lymphedema** forum on Monday, November 6, 2017? At this forum, medical professionals from different disciplines spoke about lymphedema and the best ways to

Please [click here](#) to watch the video of the forum.

Sexuality and Breast Cancer



Did you miss our **Sexuality and Breast Cancer** forum on Thursday, November 16, 2017? At this forum, our expert panel discussed how the treatments for breast cancer can have a negative impact on a woman's body image and sexuality.

Please [click here](#) to watch the video of the forum.

SUPPORT GROUPS

The Adelphi NY Statewide Breast Cancer Hotline & Support Program in Garden City offers new on-going support groups.



WEEKLY GROUPS

General Support Group

Monday 6:00 - 7:30 p.m.

Women who are recently diagnosed with breast cancer will have the opportunity to meet with others in similar situations in this group.

Support for Caregivers of People with Breast Cancer

Monday 6:00 - 7:30 p.m.

Taking care of a person with breast cancer can be stressful. This group is designed to address the needs of care takers. Any person who is experiencing the stress and anxiety of caring for a loved one with breast cancer should attend this group.

Young Women's Support Group, Under 40

Tuesday 6:00 - 7:30 p.m.

Women under the age of 40 who are diagnosed with breast cancer have unique needs. This support group will focus on those unique needs while allowing the members to share their feelings in a safe, supportive environment. Anyone who wants to connect with and receive support from women under 40 should attend this group.

Support Group for Newly Diagnosed Stage 4 Breast Cancer

Thursday 7:00 - 8:00 p.m.

Meet with other women who have been diagnosed with Stage 4 / Metastatic Breast Cancer.

MONTHLY GROUPS

Touchstone Group

Last Monday of the Month

6:00 - 7:30 p.m.

Women who received their last treatment more than 18 months ago will meet to check in with each other's progress and discuss new developments in the world of breast cancer. This group is for women who are not in active treatment but want to stay in touch with other survivors.

Cafecito

Support Group for Spanish Speaking Women with Breast Cancer

September 7 & 21, October 5 & 26 and November 9 & 30

9:30 - 11:00 a.m.

Meetings are held at United HealthCare 209 Post Avenue,
Westbury, NY 11560

Pre-registration is required.

For more information on the Cafecito groups, please contact:

Angela M. Papalia, LMSW

516-877-4329

apapalia@adelphi.edu

**These groups are provided by the Adelphi NY Statewide
Breast Cancer Program
and supported by a grant from Alpern Family Foundation.**

**All groups are facilitated by a social worker or master level
social work intern.**

Groups will meet at the Adelphi School of Social Work in
Garden City.

(except for the Cafecito Group)

There is no charge.

*For information, questions, and to sign up,
call Erin Nau, LCSW, Counseling & Education Coordinator
at 516-877-4314 or enau@adelphi.edu
or the Breast Cancer Hotline 800-877-8077*

**THURSDAY, NOVEMBER 30 - SUNDAY,
DECEMBER 3**

AMERICANA MANHASSET
CHAMPIONS
FOR CHARITY®

The Adelphi Breast Cancer Program to
participate in
**Americana Manhasset's Champions for
Charity®.**

From **Thursday, November 30 through
Sunday, December 3,**

over 70 participating Americana Manhasset and select Wheatley Plaza stores will donate 25% of designated full-price pre-tax purchases to the participating organization(s) of the customer's choice. Purchases are not automatically eligible; you must register for a complimentary Champion Number, designate "name of organization" as your charity of choice, and present your Champion Number when making purchases during the event.

For more information visit
championsforcharity.org
or call 800.818.6767. **Registratrion is open now!!!**

www.li2daywalk.org



LI2Day Walk 2018

June 9, 2018

Click here to register today for the Annual LI2Day 13.1 Mile Walk which will be held on June 9, 2018, and receive your 15th Anniversary Commemorative LI2Day Training Shirt!

Registration \$75 (non-refundable or transferable)

Fundraising Commitment \$500 (if you are registering as a team please note that the team **MUST COVER** the total amount per person i.e., 5 walkers on a team, team needs to raise \$2,500) Registration closes on May 1st. Anyone registering after that date is not guaranteed a t-shirt, bag, or medal and must guarantee the minimum \$500 fundraising commitment.

LI2Day Scholarship or the Maria A. Sciara Scholarship

Please pass this information along to any graduating seniors who may be eligible for the LI2Day Scholarship or the Maria A. Sciara Scholarship.

Both applications are due by April 2, 2018.

LI2Day: This is a **\$2,500 scholarship** that will be awarded to 5 graduating seniors in Nassau and Suffolk Counties. The student must reside with a parent or guardian who is a survivor of breast cancer and/or other women's cancers, or have resided with a parent or guardian who has passed from breast cancer and/or other women's cancers.

Maria A. Sciara: This is a **\$2,000 scholarship** that will be awarded to 3 graduating seniors in Nassau and Suffolk Counties. Those aspiring to become teachers will be given extra consideration for this scholarship. The student must reside or have resided with a parent or guardian who is a survivor of any cancer other than breast cancer and/or other women's cancers or have resided with a parent or guardian who has passed from any cancer other than breast cancer and/or other women's cancers.

Click here for the scholarship cover letter

Click here for The Maria A. Sciara Scholarship: NEW Guidelines and Application

Click here for The LI2Day Walk Scholarship Guidelines and Application

RESEARCH OPPORTUNITIES

Please use the contact information listed for each research project if you are interested in participating.

Have Your Voice Heard

Are you a current or former participant in a Breast Cancer Support Group?

Participate in a Research Study and share your experiences in Breast Cancer Support Groups.



WHAT IS THE PURPOSE?

The purpose of this study is to better understand the long term benefits as identified by participants in breast cancer support groups. This survey will identify common reasons for attending a support group, their identified benefits, overall experiences, and the long term impact on their survivorship. Identifying these factors will allow breast cancer agencies to plan and facilitate more sustainable support groups.

YOU CAN PARTICIPATE IN THIS STUDY IF YOU:

- Have ever participated in a breast cancer support group
- Are over the age of 18

This survey is being conducted by Erin Nau, LCSW and Hillary Rutter, LCSW of the Adelphi NY Statewide Breast Cancer Hotline & Support Program.

*This survey will be conducted online.
All information will be confidential.
Your participation in this study is
100% voluntary and should
only take 5-10 minutes.*

If you would like to participate please [click here](#).

If you have any questions, please contact
Erin Nau enau@adelphi.edu or
Hillary Rutter rutter@adelphi.edu

*Thank you for participating in the survey.
Please share this survey with others who might qualify.*

EARLY ONSET BREAST CANCER STUDY

This study is being conducted by Northwell Health
Feinstein Institute for Medical Research

The criteria to enroll in this study is:

- You must be female
- Over the age of 18
- Diagnosed with breast cancer before age 40

Please [click here](#) for more information on this study
and how you can participate.



Participate in this study to help us learn if this drug combination can prevent new brain metastases. ***This study is conducted by Alexandra Zimmer, M.D., National Cancer Institute, Bethesda, MD***

WHAT IS THIS STUDY ABOUT

The purpose of this study is to investigate whether using Temodar and Kadcylla together decreases the chance of patients with HER2+ metastatic breast cancer developing new brain metastases. Approximately 18 participants will take part in this study.

WHERE

National Institutes of Health Clinical Center, Bethesda, MD

WHO CAN PARTICIPATE

You can join the Phase I Study of T-DM1 Alone Versus T-DM1 and Metronomic Temozolomide in Secondary Prevention of HER2-Positive Breast Cancer Brain Metastases Following Stereotactic Radiosurgery if you match ALL of these MAIN categories:

- You are a woman or man with HER2+ metastatic breast cancer
- You have brain metastases which were treated by stereotactic radiation or surgery within the last 3-6 weeks

- You are able to complete a brain MRI, lumbar puncture, bloodwork, and provide a pre-enrollment brain tumor sample if available.
- You live near or are able to travel to Bethesda, MD

Please [click here](#) for more information and to learn about this study.

OUR VOLUNTEERS

Narges Rothermel - 36 year survivor **Volunteer with the Adelphi Breast Cancer Program**

Her diagnosis of breast cancer led her to write poetry as a legacy for her children. She has published books and continues to write poetry. Below is one of her poems she wanted to share with everyone.

A Few Haiku,

Marks of Cancer
occupy just a wedge of
Life's circle

Looking back, running ahead,
chasing time
missing Here and Now?

There are Birthdays to celebrate

Seasons to welcome
and chores to attend

Above the dark clouds
October sky is painted
With shades of pink



We would like to wish a Happy Birthday to all of our
volunteers with an DECEMBER Birthday

Anne R.
Marcia P.
Antonella D.
Joan L.
Carol S.
Lesley D.

STAY CONNECTED TO US!



There are many reasons to connect to us on social media...

- See photos of our wonderful volunteers at our outreach events
- Stay up-to-date on events, forums and support groups
- Read news articles and new study's on breast cancer
- Read inspiring stories from our volunteers
- If you are unable to attend an event, watch our livestream of the event online
- See the wonderful people and businesses that support us **and more....**



SISTERS UNITED IN HEALTH



SISTERS UNITED IN HEALTH
An initiative for breast health information.

WE CAN...

- Help you get a free or low-cost mammogram
REGARDLESS OF YOUR HEALTH INSURANCE OR IMMIGRATION STATUS.
- Answer your breast health and breast cancer questions and provide educational materials.
- Provide breast health workshops at no cost.
Available in English and Spanish.

*** Sisters United in Health has their own facebook page.
[Click here](#) to like their page.**



GET A REFERRAL FOR A FREE OR LOW-COST MAMMOGRAM

For more information call Sisters United in Health at 800.559.6348 or [click here](#) to learn more.

ONLINE CHAT

We are happy to announce that we have added a LIVE CHAT feature to our website.

Breast Cancer Questions?

You are not alone.



Visit our website breast-cancer.adelphi.edu to live chat with a survivor or a social worker.
