

June, 2018

ADELPHI NEW YORK STATEWIDE  
BREAST CANCER HOTLINE & SUPPORT PROGRAM

800-877-8077

[breast-cancer.adelphi.edu](http://breast-cancer.adelphi.edu)



**Help support our program.  
Your contributions are essential.**



*Dear \_\_\_\_\_*

*We gratefully acknowledge a contribution*

\_\_\_\_\_

\_\_\_\_\_

*from*

\_\_\_\_\_

*which helps support the work of the*

ADELPHI NY STATEWIDE BREAST CANCER  
HOTLINE & SUPPORT PROGRAM  
800.877.8077  
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**DONATE**

Go beyond the usual gift rotation and make a meaningful donation to the **Adelphi NY Statewide Breast Cancer Hotline & Support Program**. Your donation goes directly to help support our program.

### **WAYS TO DONATE...**

- in honor of a friend or a loved one
- in memory of a friend or a loved one
- to celebrate a birthday or life event

Once your donation is received, we will send the card above to the honoree or family acknowledging your gift.

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### **Thank you to everyone who donated in May**

Edison Machado - *In honor of mother Sonia Machado*

Hillary Rutter - *In honor of Mom May Z Cohen*

Hillary Rutter - *In honor of Debbie Langendorff & Husbands Generosity*

*Richard Cohen*

Alida Rubenstein - *In memory of Darren Rosenthal*

Hillary Rutter - *In memory of Darren Rosenthal*

### **Join a Support Group**

**On-going support groups for Summer 2018**



We offer weekly, bi-weekly and monthly meetings at no charge. All groups are facilitated by a social worker or master level social work intern. Our support groups include: **General Support Group, Caregivers of**

 people with Breast Cancer, Young Women Under 40, Newly Diagnosed Stage 4 and our Touchstone:Book Club group.

We also have a **Cafecito group** which is for spanish speaking women with breast cancer.

>> [Support Group Schedule](#)

For more information, questions and to sign up, call **Erin Nau, LCSW** Counseling & Education Coordinator at **516-877-4314** or [enau@adelphi.edu](mailto:enau@adelphi.edu)

For more information on the **Cafecito group** and to sign up, call **Angela M. Papalia, LMSW** Bilingual Social Worker at **516-877-4329** or [apapalia@adelphi.edu](mailto:apapalia@adelphi.edu)

You can also call the Breast Cancer Hotline at **800-877-8077**.

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## Forums

All forums are **FREE** and open to the public. All forums are held at the Alumni House at Adelphi University (154 Cambridge Avenue, Garden City).

Seating is limited. Reservations are required.

Please [click here](#) to see our forum schedule.

Did you miss our **Genetics and Breast Cancer** forum on May 22, 2018?



[Click here](#) to watch the video of the event.

If you missed any of our forums, they can be watched on our [\*\*YOUTUBE\*\*](#) channel after the event.

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## JOIN OUR FAMILY OF VOLUNTEERS



### **Train to become a volunteer with The Adelphi Breast Cancer Program**

The Adelphi NY Statewide Breast Cancer Hotline and Support Program seeks breast cancer survivors of all ages, race, and ethnicity--men as well as women -- to become volunteers. Thus, the program seeks a diverse group of volunteers to reflect the people who continue to be diagnosed with Breast Cancer. Our volunteers are invited to speak throughout the community about their experiences, speak one-on-one with people calling the hotline, fundraise to support our work, and provide educational presentations about breast cancer.

**JOIN US**, for our next volunteer training which will be held on three consecutive Tuesdays in September.

#### **September 11, 18 and 25th**

The training is all (3) days from 10 a.m. - 4 p.m.  
at Adelphi University in Garden City

This in-depth training includes presentations by nurse navigators and social workers on basic breast cancer education, active listening skills, and tips on engaging the community. If you are interested in joining our family of volunteers, please contact Alida Rubenstein to arrange an interview.

Alida Rubenstein, Volunteer/Hotline Coordinator  
516-877-4315  
[arubenstein@adelphi.edu](mailto:arubenstein@adelphi.edu)

## **WAYS YOU CAN VOLUNTEER**

- speaking engagements
- publicity
- fundraising
- community outreach
- educational presentations
- hotline

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## **LI2Day Walk**

Reminder the LI2Day Walk is on **June 9, 2018**

Thank you to everyone who has joined the Adelphi Breast Cancer Program team!

[www.li2daywalk.org](http://www.li2daywalk.org)



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## **Cancer and Careers**

**8th Annual National Conference on Work & Cancer**



The **Adelphi Breast Cancer Program** is pleased to partner with **Cancer and Careers** on the 8th Annual National Conference on Work & Cancer, on Friday, June 22, 2018 in New York City!

**■** This FREE event will explore the complexities working people face as they try to balance their cancer treatment and recovery with employment. Topics will include job search, legal issues, health insurance, working during treatment and more. CEUs will be offered for oncology nurses and social workers.

For more details or to register, please visit  
[www.cancerandcareers.org/conference](http://www.cancerandcareers.org/conference).

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## Research Opportunities



**Please use the contact information listed for each research project if you are interested in participating.**

### **Have Your Voice Heard**

Are you a current or former participant in a Breast Cancer Support Group?

Participate in a Research Study and share your experiences in Breast Cancer Support Groups.

**This study is open to men and women 18 years and older who have participated in a breast cancer support group.**

*This survey is being conducted by Erin Nau, LCSW and Hillary Rutter, LCSW of the Adelphi NY Statewide Breast Cancer Hotline & Support Program.*

>> [For more information and to participate in this study](#)

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### **Community Healthcare Survey**

In order for **Stony Brook Medicine** to best serve the needs of the community, they would like to hear from you. This survey contains questions about challenges you may face regarding healthcare. The survey will only take about five minutes to complete.

Your answers will provide insight on ways to improve patient care and procedures to more effectively address the needs of the community.

>> [Click here to participate in this survey](#)

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## Sisters United In Health



**SISTERS UNITED IN HEALTH**  
An initiative for breast health information.

### WE CAN...

- Help you get a free or low-cost mammogram  
**REGARDLESS OF YOUR HEALTH INSURANCE OR IMMIGRATION STATUS.**
- Answer your breast health and breast cancer questions and provide educational materials.
- Provide breast health workshops at no cost.
- Available in English and Spanish.

Like the [Sisters United in Health](#) facebook page.

For more information call Sisters United in Health at 800.559.6348 or [click here](#) to learn more.

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## Happy Birthday to our volunteers

We would like to wish a Happy Birthday to all our volunteers with a JUNE Birthday.



Rosalind C.  
Dolores O.  
Patricia N.

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## Let's Stay in Touch

The number for our hotline is 800-877-8077



Follow us on **Social Media** and see photos of our wonderful volunteers at our outreach events, stay up-to-date on programs, forums and support groups. Read news articles and new study's on breast cancer, read inspiring stories from our volunteers, watch our events live on facebook and see the wonderful people and businesses that support us.

[Facebook](#)

[Twitter](#)

[Pinterest](#)

[YouTube](#)

## Online Chat

Did you know we have a **LIVE CHAT** feature on our website. Chat with a breast cancer survivor or social worker.



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## Thank you to all our sponsors

We would like to say thank you to all our amazing sponsors.  
(listed below in alphabetical order)

**Alpern Family Foundation Inc.**

**The Beth C. Tortolani Foundation**

**Kat's Ribbon of Hope**

**LI2Day**

**Manhasset Women's Coalition Against Breast Cancer**

**The Junior Coalition of the Manhasset Women's Coalition Against Breast Cancer**

**Nassau County Women's Bar Foundation**

**NYS Department of Health**

**Pink Aid**

**Plastic Surgery Foundation**

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Please visit our website at [breast-cancer.adelphi.edu](http://breast-cancer.adelphi.edu)  
Donate to our cause at [breast-cancer.adelphi.edu/donate](http://breast-cancer.adelphi.edu/donate)