

August, 2018

**ADELPHI NEW YORK STATEWIDE
BREAST CANCER HOTLINE & SUPPORT PROGRAM**

800-877-8077

breast-cancer.adelphi.edu



BECOME A VOLUNTEER WITH THE ADELPHI BREAST CANCER PROGRAM



Become a volunteer with The Adelphi Breast Cancer Program

Breast cancer survivors are encouraged to **apply and train** to become volunteers with the Adelphi NY Statewide Breast Cancer Hotline & Support Program. **Training will be held at Adelphi University in Garden City, in September and October.** There is a **choice of daytime or evening training.**

Volunteers can service on the program's hotline, answering calls from people concerned about breast cancer. They also can help by doing community outreach, fundraising, office work and educational presentations.

Volunteers are required to take in-depth training, which includes breast education, development of important skills, such as active listening, community outreach and knowledge of community resources. The volunteers also have continuing education throughout the year.

To find out about the training, contact social worker **Alida Rubenstein** at **arubenstein@adelphi.edu** or **(516) 877-4315.**

**ADELPHI NEW YORK STATEWIDE
BREAST CANCER HOTLINE & SUPPORT PROGRAM**

SAVE THE DATE

Celebration of Survivorship

Thursday, October 18, 2018



ADELPHI
NY
STATEWIDE
BREAST CANCER HOTLINE
& SUPPORT PROGRAM
800.877.8077

breast-cancer.adelphi.edu

**Help support our program.
Your contributions are essential.**



Dear _____

We gratefully acknowledge a contribution

from

which helps support the work of the

ADELPHI NY STATEWIDE BREAST CANCER
HOTLINE & SUPPORT PROGRAM
800.877.8077
breast-cancer.adelphi.edu



DONATE

Go beyond the usual gift rotation and make a meaningful donation to the **Adelphi NY Statewide Breast Cancer Hotline & Support Program**. Your donation goes directly to help support our program.

WAYS TO DONATE...

- in honor of a friend or a loved one
- in memory of a friend or a loved one
- to celebrate a birthday or life event

Once your donation is received, we will send the card above to the

honoree or family acknowledging your gift.

Thank you to everyone who donated in July

Gloria Abramowitz in memory of Carl Margulies
Pam Dreisiger in honor of Steve Rutter's Birthday
Beverly Feigelman in honor of Steve Rutter's Birthday
Alexa Knight in honor of Marcia Partridge
Diane Toby

Join a Support Group

On-going support groups for Summer 2018



We offer weekly, bi-weekly and monthly meetings at no charge. All groups are facilitated by a social worker or master level social work intern. Our support groups include: **General Support Group, Caregivers of people with Breast Cancer, Young Women Under 40, Newly Diagnosed Stage 4** and our **Touchstone:Book Club group.**

NOTE: (The Touchstone: Book Club group will pick back up in September 2018. The next book will be posted online mid August.)

We also have a **Cafecito group** which is for spanish speaking women with breast cancer.

>> [Support Group Schedule](#)

For more information, questions and to sign up, call **Erin Nau, LCSW** Counseling & Education Coordinator at **516-877-4314** or enau@adelphi.edu

For more information on the **Cafecitio group** and to sign up, call **Angela M. Papalia, LMSW** Bilingual Social Worker at **516-877-4329** or apapalia@adelphi.edu

You can also call the Breast Cancer Hotline at **800-877-8077**.

Forums

All forums are **FREE** and open to the public. All forums are held at the Alumni House at Adelphi University (154 Cambridge Avenue, Garden City).

Seating is limited. Reservations are required.

Please [click here](#) to see our upcoming forum schedule.

If you missed our forums, they can be watched on our [YOUTUBE](#) channel at anytime.

Research Opportunities



Please use the contact information listed for each research project if you are interested in participating.

Have Your Voice Heard

Are you a current or former participant in a Breast Cancer Support Group?

Participate in a Research Study and share your experiences in Breast Cancer Support Groups.

This study is open to men and women 18 years and older who have participated in a breast cancer support group.

This survey is being conducted by Erin Nau, LCSW and Hillary Rutter, LCSW of the Adelphi NY Statewide Breast Cancer Hotline & Support Program.

>> [For more information and to participate in this study](#)

Community Healthcare Survey

In order for **Stony Brook Medicine** to best serve the needs of the community, they would like to hear from you. This survey contains questions about challenges you may face regarding healthcare. The survey will only take about five minutes to complete.

Your answers will provide insight on ways to improve patient care and procedures to more effectively address the needs of the community.

>> [**Click here to participate in this survey**](#)

Sisters United In Health



SISTERS UNITED IN HEALTH
An initiative for breast health information.

WE CAN...

- Help you get a free or low-cost mammogram
REGARDLESS OF YOUR HEALTH INSURANCE OR IMMIGRATION STATUS.
- Answer your breast health and breast cancer questions and provide educational materials.
- Provide breast health workshops at no cost.
- Available in English and Spanish.

Like the [**Sisters United in Health**](#) facebook page.

For more information call **Sisters United in Health** at **800.559.6348** or [**click here**](#) to learn more.

Happy Birthday to our volunteers

We would like to wish a Happy Birthday to all our volunteers with a **AUGUST** Birthday.



Annamarie M.
Janet F.
Narges R.
Patti H.
Robin H.
Debbie L.
Catherine M.
Rose H.

Let's Stay in Touch

The number for our hotline is 800-877-8077



Follow us on **Social Media** and see photos of our wonderful volunteers at our outreach events, stay up-to-date on programs, forums and support groups. Read news articles and new study's on breast cancer, read inspiring stories from our volunteers, watch our events live on facebook and see the wonderful people and businesses that support us.

[Facebook](#)

[Twitter](#)

[Pinterest](#)

[YouTube](#)

Online Chat

Did you know we have a **LIVE CHAT** feature on our website. Chat with a breast cancer survivor or social worker.



Thank you to all our sponsors

We would like to say thank you to all our amazing sponsors.
(listed below in alphabetical order)

Alpern Family Foundation Inc.

The Beth C. Tortolani Foundation

Kat's Ribbon of Hope

LI2Day

Manhasset Women's Coalition Against Breast Cancer

The Junior Coalition of the Manhasset Women's Coalition Against Breast Cancer

Nassau County Women's Bar Foundation

NYS Department of Health

Pink Aid

Plastic Surgery Foundation

Please visit our website at breast-cancer.adelphi.edu
Donate to our cause at breast-cancer.adelphi.edu/donate