

September, 2018

ADELPHI NEW YORK STATEWIDE
BREAST CANCER HOTLINE & SUPPORT PROGRAM

800-877-8077

breast-cancer.adelphi.edu



**Register today for
Celebration of Survivorship 2018**

ADELPHI NEW YORK STATEWIDE
BREAST CANCER HOTLINE & SUPPORT PROGRAM

You are invited to a

Celebration of Survivorship

Thursday, October 18, 2018

Doors Open - 6:00 p.m. (*raffles available*)

Speakers - 7:00 p.m.



breast-cancer.adelphi.edu

**Celebration of Survivorship
Thursday, October 18, 2018**

Ruth S. Harley University Center Ballroom
Adelphi University, Garden City, NY

Doors Open - 6:00 p.m. (**raffles available**)

Speakers - 7:00 p.m.

A light supper will be served

HONORING

Kat's Ribbon of Hope

SPEAKERS

JEFFREY FLYNN - 6 year survivor
Volunteer, Former Support Group Member

SUE LEACH - 1.5 year survivor
Support Group Member

GERALYN LUCAS - 23 year survivor
Author

SONIA AVERY-WILLIAMS, RN - 3 year survivor
Former Support Group Member

[Click here](#) to read about our celebration speakers

Please register by October 8, 2018

- Register **online**
- Register by phone **516-877-4325** or
- Register by e-mail: **breastcancerhotline@adelphi.edu**

CELEBRATION JOURNAL

A commemorative journal, to support the work of **Adelphi Breast Cancer Program** will be printed and distributed the evening of the Celebration of Survivorship.

Click here for more information and to reserve space in our journal.

All ads must be received by October 1, 2018

**BECOME A VOLUNTEER WITH THE
ADELPHI BREAST CANCER PROGRAM**



Become a volunteer with The Adelphi Breast Cancer Program

Breast cancer survivors are encouraged to **apply and train** to become volunteers with the Adelphi NY Statewide Breast Cancer Hotline & Support Program. **Training will be held at Adelphi University in Garden City, in September and October.** There is a **choice of daytime or evening training.**

Volunteers can service on the program's hotline, answering calls from people concerned about breast cancer. They also can help by doing community outreach, fundraising, office work and educational presentations.

Volunteers are required to take in-depth training, which includes breast education, development of important skills, such as active listening, community outreach and knowledge of community resources. The volunteers also have continuing education throughout the year.

To find out about the training, contact social worker **Alida Rubenstein** at **arubenstein@adelphi.edu** or **(516) 877-4315**.

**Help support our program.
Your contributions are essential.**



Dear _____

We gratefully acknowledge a contribution

from

which helps support the work of the

ADELPHI NY STATEWIDE BREAST CANCER
HOTLINE & SUPPORT PROGRAM
800.877.8077
breast-cancer.adelphi.edu



DONATE

Go beyond the usual gift rotation and make a meaningful donation to the **Adelphi NY Statewide Breast Cancer Hotline & Support Program**. Your donation goes directly to help support our program.

WAYS TO DONATE...

- in honor of a friend or a loved one
- in memory of a friend or a loved one
- to celebrate a birthday or life event

Once your donation is received, we will send the card above to the

honoree or family acknowledging your gift.

Thank you to everyone who donated in August

Debra Langendorff in memory of Jerry Schulman
Beth & Ofer Orr in honor of Steve Rutter's 70th Birthday
Carol & Michael Silano in memory of Sophia
Alida & Roy Rubenstein in honor of Steve Rutter's 70th Birthday
Campbell Petrie Inc.
Michael Herskovitz in memory of Jill Herskovitz
Beaumont Jefferson in honor of wife Luisa Adames Jefferson
Dominick Pupa in honor of Marcia Doctrow
IASWG
Reva & Alan Rothenberg for their journal ad for Celebration 2018

Join a Support Group

On-going support groups



We offer weekly, bi-weekly and monthly meetings at no charge. All groups are facilitated by a social worker or master level social work intern. Our support groups include: **General Support Group, Caregivers of people with Breast Cancer, Young Women Under 40, Newly Diagnosed Stage 4** and our **Touchstone:Book Club group.**

We also have a **Cafecito group** which is for spanish speaking women with breast cancer.

>> [Support Group Schedule](#)

For more information, questions and to sign up, call
Erin Nau, LCSW Counseling & Education Coordinator

at **516-877-4314** or enau@adelphi.edu

For more information on the **Cafecitio group** and to sign up, call **Angela M. Papalia, LMSW** Bilingual Social Worker at **516-877-4329** or apapalia@adelphi.edu

You can also call the Breast Cancer Hotline at **800-877-8077**.

Forums

All forums are **FREE** and open to the public. All forums are held at the Alumni House at Adelphi University (154 Cambridge Avenue, Garden City).

Seating is limited. Reservations are required.

Save The Date

Breast Reconstruction Forum
November 27, 2018
More information to follow

Please [click here](#) to see our upcoming forum schedule.

If you missed our forums, they can be watched on our [YOUTUBE](#) channel at anytime.

Join us at the 9th Annual Over 50 Fair

The event will be held on **Sunday, September 30, 2018** from **10 am - 4:30 p.m.**

Tickets are just **\$6.00 online** and **\$8.00 at the door**. For more information and to purchase tickets, please visit www.over50fair.com
Print the flyer below, and receive \$2.00 off

FREE
Valet Parking!

9th annual **Over50Fair**

FREE
Singles Lounge!

Sunday, September 30, 2018 • 10:00am-4:30pm

Huntington Hilton

598 Broad Hollow Road (Rt. 110) • Melville, NY

**80+ Exhibitors and
30 Classes for
Age 50+**

*All For One
Low Price!*

Enjoy live jazz and
acoustic music from
the Noteworthy Band



Enjoy our amazing classes:

- Social Security
- Dating After 50
- Estate Planning
- Reinvent Yourself
- Retirement Planning
- Dance Performance
- Sports Memorabilia
- Improve Relationships
- Reiki...and many more!



Bring
One Adult Child
FREE
With Your Paid
Admission

Sponsored by:

BlankSlate
MEDIA

fifty plus
lifestyles
Serving Baby Boomers & Neighbors Since 1975 - 50plus.org

SPECIAL OFFER

\$2 OFF

the \$6 online price OR the \$8 price at the door

Enter coupon code **"Fifty"** at checkout at www.Over50Fair.com
or bring ad to event. NYS sales tax included.

FREE
Health
Screenings!

516-621-1446

www.Over50Fair.com

FREE
for Veterans
with ID!

Research Opportunities



Please use the contact information listed for each research project if you are interested in participating.

Have Your Voice Heard

Are you a current or former participant in a Breast Cancer Support Group?

Participate in a Research Study and share your experiences in Breast Cancer Support Groups.

This study is open to men and women 18 years and older who have participated in a breast cancer support group.

This survey is being conducted by Erin Nau, LCSW and Hillary Rutter, LCSW of the Adelpi NY Statewide Breast Cancer Hotline & Support Program.

>> [For more information and to participate in this study](#)

Community Healthcare Survey

In order for **Stony Brook Medicine** to best serve the needs of the community, they would like to hear from you. This survey contains questions about challenges you may face regarding healthcare. The survey will only take about five minutes to complete.

Your answers will provide insight on ways to improve patient care and procedures to more effectively address the needs of the community.

>> [Click here to participate in this survey](#)

Sisters United In Health



SISTERS UNITED IN HEALTH
An initiative for breast health information.

WE CAN...

- Help you get a free or low-cost mammogram
REGARDLESS OF YOUR HEALTH INSURANCE OR IMMIGRATION STATUS.
- Answer your breast health and breast cancer questions and provide educational materials.
- Provide breast health workshops at no cost.
- Available in English and Spanish.

Like the [Sisters United in Health](#) facebook page.

For more information call Sisters United in Health at 800.559.6348 or [click here to learn more.](#)

Happy Birthday to our volunteers

We would like to wish a Happy Birthday to all our volunteers with a SEPTEMBER Birthday.



Ann G.
Diana M.
Florence D.
Judith C.
Jean R.
Grace V.
Diane V.

Let's Stay in Touch

The number for our hotline is 800-877-8077



Follow us on **Social Media** and see photos of our wonderful volunteers at our outreach events, stay up-to-date on programs, forums and support groups. Read news articles and new study's on breast cancer, read inspiring stories from our volunteers, watch our events live on facebook and see the wonderful people and businesses that support us.

[Facebook](#)

[Twitter](#)

[Pinterest](#)

[YouTube](#)

Online Chat

Did you know we have a **LIVE CHAT** feature on our website. Chat with a breast cancer survivor or social worker.



Thank you to all our sponsors

We would like to say thank you to all our amazing sponsors.
(listed below in alphabetical order)

Alpern Family Foundation Inc.

The Beth C. Tortolani Foundation

Kat's Ribbon of Hope

LI2Day

Manhasset Women's Coalition Against Breast Cancer

The Junior Coalition of the Manhasset Women's Coalition Against Breast Cancer

Nassau County Women's Bar Foundation

NYS Department of Health

Pink Aid

Plastic Surgery Foundation

Please visit our website at breast-cancer.adelphi.edu
Donate to our cause at breast-cancer.adelphi.edu/donate