Breast Cancer does not take a break for the holidays. We are here for you 365 days a year. Call: 800.877.8077
breast-cancer.adelphi.edu

Upcoming Forum

All forums are FREE and open to the public. All forums are held at the Alumni House at Adelphi University (154 Cambridge Avenue, Garden City).

Seating is limited. Reservations are required.

Balancing Work, Finances & Cancer
Tuesday, December 11, 2018

Adelphi New York Statewide Breast Cancer Hotline & Support Program is partnering with Cancer and Careers to provide this educational forum on how to balance work and cancer and manage your finances during and after a cancer diagnosis.

This presentation will explore the practical and legal issues that sit at the intersection of work and cancer, including deciding whether or not to work during treatment, privacy & disclosure, managing side effects and other challenges in the workplace, tips for job-hunting and job re-entry, and more.
Managing Finances Webinar
This webinar will cover tips for improving financial health after a cancer diagnosis and treatment, including steps to rebuild your credit, how to deal with medical bills, options for financial assistance, and things to think about before considering filing for bankruptcy. We will watch this webinar together and have a discussion after.

This forum is free and open to the public.
It will be held at Adelphi’s Alumni House (154 Cambridge Avenue, Garden City)

REGISTRATION (reservations are required)
When registering please specify which forum you will be attending

Call 516-877-4325 or email breastcancerhotline@adelphi.edu or register online click here

The 2018 educational forums are sponsored by
The Junior Coalition of the Manhasset Women’s Coalition against Breast Cancer and Sientra FULL CIRCLE

Breast Reconstruction - Know Your Options
If you are missed this forum on Tuesday, November 27, 2018, click here to watch it on our YouTube channel.

Join a Support Group
On-going support groups

We offer weekly, bi-weekly and monthly meetings at no charge. All groups are facilitated by a social worker or master level social work intern. Our support groups include: General Support Group, Caregivers of people with Breast Cancer, Young Women Under
NEW: Join our new online support group for Young Women with Breast Cancer.

Meeting online, Tuesdays at 6 pm. Read more

We also have a Cafecito group which is for Spanish speaking women with breast cancer.

>> Support Group Schedule

For more information, questions and to sign up, call Erin Nau, LCSW Counseling & Education Coordinator at 516-877-4314 or enau@adelphi.edu

For more information on the Cafecito group and to sign up, call Angela M. Papalia, LMSW Bilingual Social Worker at 516-877-4329 or apapalia@adelphi.edu

You can also call the Breast Cancer Hotline at 800-877-8077.

www.li2daywalk.org

REGISTER FOR THE 16th ANNUAL LI2DAY WALK
This inspirational and uplifting fundraising event is like no other. The half-marathon distance 13.1-mile LI2Day Walk is a beautiful and scenic water view walk through local neighborhoods. Registration fees are used to cover walk expenses enabling 100% of the donations you raise to go directly to our beneficiary organizations.

**Online Registration Only – www.li2daywalk.org**

**(EARLY BIRD SPECIAL) October 1st – December 31st : $63**
January 1st – May 15th: $75
*May 16th – June 2nd: $80

*Registering after May 15th doesn’t guarantee a t-shirt, bag or medal and requires a minimum of the $500 fundraising commitment.

**Click here for more information and to Sign Up!**

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**Help Support our Program. Your contributions are essential.**

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Dear 

We gratefully acknowledge a contribution

from

which helps support the work of the

ADELPHI NY STATEWIDE BREAST CANCER HOTLINE & SUPPORT PROGRAM
800.877.8077

breast-cancer.adelphi.edu
Go beyond the usual gift rotation and make a meaningful donation to the Adelphi NY Statewide Breast Cancer Hotline & Support Program. Your donation goes directly to help support our program.

WAYS TO DONATE...

- in honor of a friend or a loved one
- in memory of a friend or a loved one
- to celebrate a birthday or life event

Once your donation is received, we will send the card above to the honoree or family acknowledging your gift.

Thank you to everyone who donated in NOVEMBER

Frank & Michele Amoruso and the Bates Motel Halloween House
Barbara Beckerman
Linda Caputo
Susan Celano
Costco Wholesale Corp.
Cathy D'Agostino in memory of Marcia Partridge
Robert Demarco in memory of Marcia Partridge
Marilyn Fitzpatrick
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Jeff Flynn
Nina Foley
Stamatios Georgalos
Barry & Marilyn Goldband in memory of Marcia Partridge
Beth Golden in memory of Marcia Partridge
Ja'Nair Gresham
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Anna Kalonaros
Theresa Berrios Lutz in memory of Marcia Partridge
Dawn Masure
National Council of Jewish Women
James Petrillo
Judy Platt in memory of Marcia Partridge
Jeannie Rettura
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Devon Rubenstein in honor of Alida Rubenstein's birthday
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Sisters United In Health

WE CAN...

• Help you get a free or low-cost mammogram REGARDLESS OF YOUR HEALTH INSURANCE OR IMMIGRATION STATUS.
• Answer your breast health and breast cancer questions and provide educational materials.
• Provide breast health workshops at no cost.
• Available in English and Spanish.

Like the Sisters United in Health facebook page.
Happy Birthday to our volunteers
We would like to wish a Happy Birthday to all our volunteers with a DECEMBER Birthday.

Anne Rattinger  
Carol Gilman  
Antonella D'Alessio  
Joan Leondis  
Carol Silano  
Lesley Decker

Let's Stay in Touch
The number for our hotline is 800-877-8077

Follow us on Social Media and see photos of our wonderful volunteers at our outreach events, stay up-to-date on programs, forums and support groups. Read news articles and new study's on breast cancer, read inspiring stories from our volunteers, watch our events live on facebook and see the wonderful people and businesses that support us.
Online Chat
Did you know we have a **LIVE CHAT** feature on our website. Chat with a breast cancer survivor or social worker.

Thank you to all our sponsors
We would like to say thank you to all our amazing sponsors. (listed below in alphabetical order)

Alpern Family Foundation Inc.
The Beth C. Tortolani Foundation
Kat’s Ribbon of Hope
LI2Day
Manhasset Women’s Coalition Against Breast Cancer
The Junior Coalition of the Manhasset Women’s Coalition Against Breast Cancer
Nassau County Women’s Bar Foundation
NYS Department of Health
Pink Aid
Plastic Surgery Foundation
Sientra Full Circle

Please visit our website at breast-cancer.adelphi.edu
Donate to our cause at breast-cancer.adelphi.edu/donate