Wishing you a very
Happy & Healthy New Year

FORUMS

New Forums Coming This Spring
Check our website for new listings click here.

All forums are FREE and open to the public.
All forums are held at the Alumni House at Adelphi University
(154 Cambridge Avenue, Garden City).

Seating is limited. Reservations are required.

If you missed any of our forums,
click here to watch them on our YouTube channel.
Join a Support Group
On-going support groups

We offer weekly, bi-weekly and monthly meetings at no charge. All groups are facilitated by a social worker or master level social work intern. Our support groups include: General Support Group, Caregivers of people with Breast Cancer, Young Women Under 40 (an online support group), Newly Diagnosed Stage 4 and our Touchstone: Book Club group.

NEW: Join our new online support group for Young Women with Breast Cancer. Meeting online, Tuesdays at 6 pm. Read more

We also have a Cafecito group which is for spanish speaking women with breast cancer.

>> Support Group Schedule

For more information, questions and to sign up, call Erin Nau, LCSW Counseling & Education Coordinator at 516-877-4314 or enau@adelphi.edu

For more information on the Cafecito group and to sign up, call Angela M. Papalia, LMSW Bilingual Social Worker at 516-877-4329 or apapia@adelphi.edu

You can also call the Breast Cancer Hotline at 800-877-8077.
JOIN OUR TEAM
REGISTER FOR THE 16th ANNUAL LI2DAY WALK

This inspirational and uplifting fundraising event is like no other. The half-marathon distance 13.1-mile LI2Day Walk is a beautiful and scenic water view walk through local neighborhoods. Registration fees are used to cover walk expenses enabling 100% of the donations you raise to go directly to our beneficiary organizations.

Online Registration Only – www.li2daywalk.org

January 1st – May 15th: $75
*May 16th – June 2nd: $80

*Registering after May 15th doesn’t guarantee a t-shirt, bag or medal and requires a minimum of the $500 fundraising commitment.

Click here for more information and to Sign Up!

If you don’t want to walk but would like to volunteer for the Adelphi Program, please contact Reyna Machado at 516-877-4335 or rmachado@adelphi.edu.
The Great Cause Fundraiser
A fun night out helping the Franklin Square Kiwanis Support
THE ADELPHI BREAST CANCER PROGRAM.

January 26, 2019 (7 - 10 pm)

at Carey High School Auditorium

Tickets are $45 if you order now or $55 at the door

Click here to order your tickets today

Help Support our Program. Your contributions are essential.
Click here to start 2019 with a donation to support or program
Go beyond the usual gift rotation and make a meaningful donation to the Adelphi NY Statewide Breast Cancer Hotline & Support Program. Your donation goes directly to help support our program.

WAYS TO DONATE...

- in honor of a friend or a loved one
- in memory of a friend or a loved one
- to celebrate a birthday or life event

Once your donation is received, we will send the card above to the honoree or family acknowledging your gift.

Thank you to everyone who donated in DECEMBER

Joan Beder
WE CAN...

• Help you get a free or low-cost mammogram
  REGARDLESS OF YOUR HEALTH INSURANCE OR IMMIGRATION STATUS.
• Answer your breast health and breast cancer questions and provide educational materials.
• Provide breast health workshops at no cost.
• Available in English and Spanish.

Like the Sisters United in Health facebook page.

For more information call Sisters United in Health at 800.559.6348 or click here to learn more.

Happy Birthday to our volunteers
We would like to wish a Happy Birthday to all our volunteers with a JANUARY Birthday.
Christina D.
Helen B.
Reva R.
Mary S.
Arlene F.
Christa M.
Andrea P.
Irene S.
Catherine O.

Let's Stay in Touch
The number for our hotline is 800-877-8077

Follow us on Social Media and see photos of our wonderful volunteers at our outreach events, stay up-to-date on programs, forums and support groups. Read news articles and new study's on breast cancer, read inspiring stories from our volunteers, watch our events live on facebook and see the wonderful people and businesses that support us.

Facebook
Twitter
Pinterest
Online Chat
Did you know we have a **LIVE CHAT** feature on our website. Chat with a breast cancer survivor or social worker.

Thank you to all our sponsors
We would like to say thank you to all our amazing sponsors. (listed below in alphabetical order)

- Alpern Family Foundation Inc.
- The Beth C. Tortolani Foundation
- Kat’s Ribbon of Hope
- LI2Day
- Manhasset Women’s Coalition Against Breast Cancer
- The Junior Coalition of the Manhasset Women’s Coalition Against Breast Cancer
- Nassau County Women’s Bar Foundation
- NYS Department of Health
- Pink Aid
- Plastic Surgery Foundation
- Sientra Full Circle

Please visit our website at [breast-cancer.adelphi.edu](http://breast-cancer.adelphi.edu)
Donate to our cause at [breast-cancer.adelphi.edu/donate](http://breast-cancer.adelphi.edu/donate)