

ADELPHI NEW YORK STATEWIDE
BREAST CANCER HOTLINE & SUPPORT PROGRAM

800-877-8077

breast-cancer.adelphi.edu



**2020: At a
Glance**

◆ **February**
**40th Anniversary
Fundraiser** with a
commemorative
necklace from
Fortunoff Jewelry

◆ **March**
**Webinar - March
17, 2020**
Sleep
Disturbances
Related to Breast
Cancer

**Paths to
Wellness Online**
March 31, 2020
Meditation with
Jacob Cooper,
LCSW, CH, RMT

◆ **April**
**National Public
Health Week**
**April 6, 2020 -
April 12, 2020**

**Paths to
Wellness Online**
April 7, 2020

To the Breast Cancer Community:

As we approach the midpoint of the year, 2020 has been unlike anyth we ever could have anticipated. In New York, we are still working remotely and I have to thank the dedicated staff who continue to prov professional social work support and public health services to the bre cancer community. Thank you to our volunteers who continue providi support to callers to the hotline. Thank you to our donors and funders who are providing critical financial support. Last week, we sent a few very special packages to top supporters of our program with a neckla that was custom made by **Fortunoff Fine Jewelers**. The limited editi necklace is engraved with our 40th anniversary logo and the word “Strong”. Thank you.

As we look to warmer weather, we are planning a four-week Online Paths to Wellness, an Online Program Open House and our annual Celebration of Survivorship. We continue providing complimentary services and are actively adapting our programming in order to remai community. We will stay close while we keep our distance.

Stay strong and be well,

Reyna Machado
Director

Mat Pilates with
Julianne Hull

April 14, 2020
Nutrition Pantry
Cooking at Home
with Kristen Link

April 21, 2020
Gentle
movement/Chair
Pilates with Naomi
Aaronson

April 28, 2020
Self Care with
Erin Nau, LCSW

◆ **May**
**Mother's Day Ad
Campaign**

CANCELLED
**Volunteer
Recognition
Party - May 4,
2020**

Giving Tuesday
May 5, 2020
Day of Global
Action for Giving
and Unity in
Response to
COVID-19

**Paths to
Wellness Online**
May 5, 2020
Yoga with Sabrina
Moscola from The
Happie House

**Online (4 week)
Art Therapy
Workshop**

**LI2Day VIRTUAL
WALK**
**No Ordinary
Walk**
in the Park 10K:
May 17, 2020

New Breast Reconstruction Video



We are excited to share a video regarding breast reconstruction funded by a grant from the [Plastic Surgery Foundation](#). This video features Advisory Board Member, Dr. Ron Israeli of [Aesthetic Plastic Surgery, PC](#) and Lois Goetz, LMSW, our Bilingual Social Worker. Elective surgeries are now possible in Nassau and Suffolk counties so it's important that patients know their rights and treatment options. Reconstruction is a personal decision and available for anyone following breast cancer surgery.

[Click here](#) to watch the video

Join a Support Group



SUPPORT GROUPS WE OFFER

[click here](#) for more information on our support groups

- **Weekly Group**
General Support Group
Mondays (6:00 - 7:30 p.m.)

◆ June

Postponed
Lord & Taylor
Fashion Show

Forum:
How are doctor's
offices keeping
breast cancer
patients safe as
they
return for
surgeries?

◆ July

Forum:
Exercise

◆ September

September 17th
Online Program
Open House

◆ October

40th Anniversary
Celebration of
Survivorship

Breast Cancer
Awareness
Ad Campaign

◆ November

Bowling
Fundraiser

Forum:
Breast
Reconstruction

◆ December

Volunteer Holiday
Party

- **Bi-Weekly Groups**
Support Group for Stage 4 Breast Cancer
Thursdays (6:30 - 8:00 p.m.)

Under 40, Young Women's Support Group Wednesdays (7:00 - 8:30 p.m.) **(Online)**

Group for Latina Women

Cafecito

Twice Monthly (Call Angela Papalia at 516-877-4329)

Cafecito is a support group for Spanish speaking women facing breast cancer.

Cafecito es un grupo de apoyo en español para mujeres con cancer del ser

Para registrarte llame a:

Ángela Papalia, LMSW
(516) 877-4329

For more information, questions and to sign up for a support group, call **Eriq Nau, LCSW Counseling & Education Coordinator** at **516-877-4314** or enau@adelphi.edu

For more information on the **Cafecito group** and to sign up, call **Angela M. Papalia, LMSW Bilingual Social Worker** at **516-877-4329** or apapalia@adelphi.edu

You can also call the Breast Cancer Hotline at **800-877-8077**.

These groups are provided by the Adelphi Breast Cancer Program and supported by grants from the Alpern Family Foundation and the NYS Department of Health.

SUMMER Online Art Therapy Workshop



This summer we will be offering an **Online Art Therapy Workshop**. More details to follow.

Cancer and Careers National Conference - HELD VIRTUALLY

Friday, June 19, 2020

The Adelphi Breast Cancer Program is pleased to partner with Cancer and Careers on the 10-year anniversary of their National Conference on Work & Cancer, held virtually on Friday, June 19, 2020!



This FREE virtual event will explore the complexities working people face as they try to balance their cancer treatment and recovery with employment. Topics will include job search, legal issues, working during treatment, managing stress and more. CEUs/PDCs will be offered for nurses, social workers and HR professionals.

For more details or to register, please visit www.cancerandcareers.org/conference

NATIONAL CONFERENCE ON WORK & CANCER



JUNE 19, 2020

FREE TO ATTEND!
8:45 AM - 5:00 PM ET

Online or by phone

FOR INFO & TO REGISTER:
cancerandcareers.org/conference

TOPICS INCLUDE:

- DISCLOSURE & PRIVACY
- WORKING THROUGH TREATMENT
- LEGAL ISSUES
- JOB SEARCH & NETWORKING
- BUILDING CONFIDENCE
- SETTING BOUNDARIES
- MANAGING STRESS
- NUTRITION
- AND MORE!

Topics are still being added and are subject to change.
Complimentary CEUs/PDCs available.*

SPONSORS



*ACCREDITATION

Cancer and Careers maintains responsibility for programs. Licensed/qualified professionals of all disciplines should contact their regulatory board(s) to determine course approval for their specific licensure and/or certification(s).

Cosmetic Executive Women (CEW) Foundation (Cancer and Careers) SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #9022. This program is approved for up to 6 contact hours.

An application to provide continuing education to social workers licensed in other states will be submitted in the weeks leading up to this event.

Cancer and Careers is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Provider approved by the California Board of Registered Nursing, Provider #5673, for 6 contact hours. (Those wishing to receive credit from CARN must be present for the entire event.)

Cancer and Careers is recognized by SHRM to offer Professional Development Credits (PDCs) for the SHRM-CP or SHRM-SCP. This program is valid for up to 5.25 PDCs for the SHRM-CP or SHRM-SCP. For more information about certification or recertification, please visit www.shrmprofessional.org.

Attendees who meet attendance standards may also request a general certificate of attendance (no CEU credit).

For more information on obtaining CEUs/PDCs, visit cancerandcareers.org/en/foraccrreditation.

Forums

This month, stay tuned for an Online Forum:

How are doctor's offices keeping breast cancer patients safe as they return for surgeries?

Details to follow.

Please [click here](#) to see our upcoming forum schedule.



Paths to Wellness Online Series

We concluded our 6-week Spring Paths to Wellness Online Series. If you missed any of the sessions or would like to watch them again, please [click here](#) to visit our YouTube channel.

Stay tuned for more details for our [Summer Paths to Wellness Online Series](#)



THANK YOU! The Adelphi Breast Cancer Program thanks **Adelphi Team** and everyone who participated in the **LI2Day-No Ordinary Walk in the Park - Virtual Walk** on Sunday, May 17, 2020.



Thank you to everyone who participated in **Giving Tuesday Now** on May 5, 2020. We appreciate your support and generosity.

We would like to thank **Martha's Kayak** for supporting us with a dollar-for-dollar match up to \$2,000. Thank you for your continued support.

Because of your commitment to our program, we were able to raise **\$4,114.99**. THANK YOU!!!



SISTERS UNITED IN HEALTH
An initiative for breast health information.

WE CAN...

- Help you get a free or low-cost mammogram
REGARDLESS OF YOUR HEALTH INSURANCE OR IMMIGRATION STATUS.
- Answer your breast health and breast cancer questions and provide educational materials.
- Provide breast health workshops at no cost.
- Available in English and Spanish.

Like the **Sisters United in Health** facebook page.

For more information call Sisters United in Health at 800.559.6348 or [c here](#) to learn more.

SUPPORT US

ANNIVERSARY CAMPAIGN



Be part of our **Anniversary Campaign** with your gift of **\$40.00**.

With your help, the Adelphi Breast Cancer Program will continue serving our community for another 40 years Strong!

DONATE

News and Press Releases



Below are recent articles and press releases highlighting the program.

Statewide Breast Cancer Support Offered

<https://romesentinel.com/stories/statewide-breast-cancer-support-offered,97>

Gov. Cuomo: Suffolk County hospitals can begin scheduling elective surgeries

Our very own Angela Papalia, Assistant Director for the Adelphi Breast Cancer Program was interviewed by News 12 Long Island to discuss the topic of Suffolk County Hospitals beginning to schedule elective surgeries.

[Click here](#) to watch the video

[Read More](#)

Cancer ACCESS Consortium



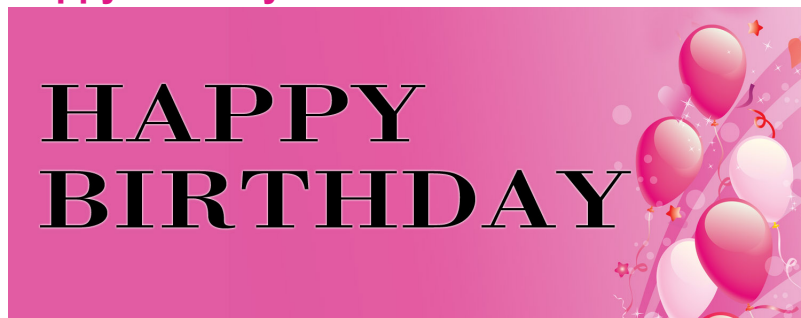
The Adelphi Breast Cancer Program is part of the Cancer Consortium in collaboration with Northwell Health and other community organizations.

The mission of the Consortium is to provide access to information about clinical trials, cancer care, services, and resources to people in our catchment area (Nassau, Suffolk, and Queens Counties) targeting underrepresented populations.

Learn more by visiting us online cancerACCESSConsortium.com.

[Click here](#) to download the Cancer ACCESS Consortium flyer.

Happy Birthday to our dedicated volunteers



We would like to wish a **HAPPY BIRTHDAY** to all our volunteers with a **JULY** birthday.

Rosalind C.
Patricia N.

Let's Stay in Touch

HOTLINE: 800-877-8077



Follow us on Social Media and online to see photos of our wonderful volunteers at our outreach events, stay up-to-date on programs, forums and support groups. Read news articles and new studies on breast cancer, read inspiring stories from our volunteers, watch our events live on facebook and see the wonderful people and businesses that support us.

[Facebook](#)

[Twitter](#)

[Pinterest](#)

[YouTube](#)

[News and Press Releases](#)

[Online Chat](#)

Did you know we have a [LIVE CHAT](#) feature on our website. Chat with a breast cancer survivor or social worker.



Thank you to all our sponsors

(listed below in alphabetical order)

Alpern Family Foundation Inc.

The Beth C. Tortolani Foundation

Kat's Ribbon of Hope

LI2Day

Manhasset Women's Coalition Against Breast Cancer

The Junior Coalition of the Manhasset Women's Coalition Against Breast Cancer

The Mother Cabrini Health Foundation

Nassau County Women's Bar Foundation

Pink Aid

Plastic Surgery Foundation

Pritchard Charitable Trust

Sientra Full Circle

Please visit our website at breast-cancer.adelphi.edu
Donate to our cause at breast-cancer.adelphi.edu/donate