



ADELPHI NY STATEWIDE
BREAST CANCER HOTLINE & SUPPORT PROGRAM

800.877.8077 • breast-cancer.adelphi.edu

*-2023-
Celebration of Survivorship
Thursday, October 19, 2023*

October 2023 - Newsletter

[View Website](#)

Celebration of Survivorship 2023

Thursday, October 19, 2023 (4:00 pm - 6:00 pm)

Join us



*-2023-
Celebration
of Survivorship*

Thursday, October 19, 2023
4:00 - 6:00 pm

at the Ruth S. Harley University Center Ballroom
Adelphi University, Garden City, NY

*****REGISTRATION IS OPEN*****

[Click Here](#) to register for the event.

Join us in person from 4:00 pm - 6:00 pm
at the Ruth S. Harley University Center Ballroom
Adelphi University, Garden City, NY

A light supper will be served.

Our Speakers ([click here](#) to learn more about our speakers)

SABINE HAIRABEDIAN

Diagnosed 2014



TIM HOTT

Diagnosed 2020



TANYA D. CRAWFORD

Diagnosed 2020



Thank you to our 2023 Sponsors

The DeMatteis Family

Kathi and Jeff Glass

Adee and Don Hendler

Karen Kostroff, M.D.

Natrelle

Neil Tanna, M.D., MBA

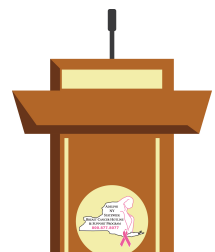
NEW YORK
PLASTIC SURGICAL GROUP
A DIVISION OF LONG ISLAND PLASTIC SURGICAL GROUP, PC

Forums

Did you miss our forum on September 22nd?

Surviving Breast Cancer:

Empower yourself with nutrition and healthy lifestyle





[Click here](#) to watch the video from this forum

If you have missed any of our past forums, please visit our [YouTube](#) channel to watch the videos.

Our forums are sponsored by

The Junior Coalition of the Manhasset Women's Coalition Against Breast Cancer, and Northwell Health Cancer Institute.

Support Groups



Online Support Groups

[Click here](#) to see our support group schedule.

To participate in one of the listed support groups please call our Hotline at **800.877.8077** or email breastcancerhotline@adelphi.edu to pre-register. **All groups are free but registration is required. All groups are facilitated by a licensed social worker.**

All groups are facilitated by a licensed social worker of the Adelphi Breast Cancer Program. These programs are supported by grants from the Alpern Family Foundation, Kat's Ribbon of Hope, Marilyn Lichtman Foundation, the Mother Cabrini Health Foundation, New York State and Pink Aid.

NEWLY DIAGNOSED (Now Forming)

Women who are recently diagnosed with breast cancer (within the past 18 months) will have the opportunity to meet with others and receive support.

For more information and to register, call Angela M. Papalia, LMSW (516) 877-4329.

RECURRENCE SUPPORT GROUP

Women who have experienced a recurrence with breast cancer will have the opportunity to meet with others and receive support.

For more information and to register, call Nina Foley, LMSW (516) 877-4315.

UNDER 40, YOUNG WOMEN'S GROUP (Now Forming)

Women under the age of 40 who are diagnosed with breast cancer have specific needs. This support group will focus on those concerns while allowing the members to share their feelings in a safe supportive environment.

For more information and to register, call Angela M. Papalia, LMSW (516) 877-4329.

SUPPORT FOR STAGE 4 BREAST CANCER

Individuals with Stage 4 Metastatic Breast Cancer will meet to share information, feelings, hopes, and coping strategies.

For more information and to register, call Lois Goetz, LMSW, ACSW (516) 877-4347.

SUPPORT GROUPS FOR SPANISH SPEAKING WOMEN

Cafecito (Now Forming)

Cafecito is a Spanish language support group for breast cancer survivors who are post-treatment.

Cafecito (Ahora Formándose)

Cafecito es un grupo de apoyo en español para sobrevivientes de cáncer del seno que han terminado su tratamiento de quimioterapia o radiación.

Call Angela M. Papalia, LMSW (516) 877-4329.

Llame a Angela M. Papalia, LMSW (516) 877-4329.

**ADELPHI NEW YORK STATEWIDE
BREAST CANCER HOTLINE & SUPPORT PROGRAM
800-877-8077**

***El Programa del Cáncer del Seno de Adelphi te invita a
CAFECITO***

El Adelphi Breast Cancer Program estará ofreciendo su grupo de apoyo, **CAFECITO**, para sobrevivientes del cáncer del seno en español. El grupo de 6 semanas es gratuito y tomará lugar a través de ZOOM.

Dirigido por una trabajadora social licenciada, cada sesión de **CAFECITO** cubrirá temas relacionados con su supervivencia. Temas como su seguimiento, los cambios en su cuerpo, la intimidad y las complejidades de la vida después del cáncer serán exploradas.



No estás sola.

Para más información o para inscribirse,
por favor de comunicarse con
Adriana Valencia, LMSW
al **516-877-4371** o por correo electrónico a
avalencia@adelphi.edu

breast-cancer.adelphi.edu



Para Nuestro Bienestar

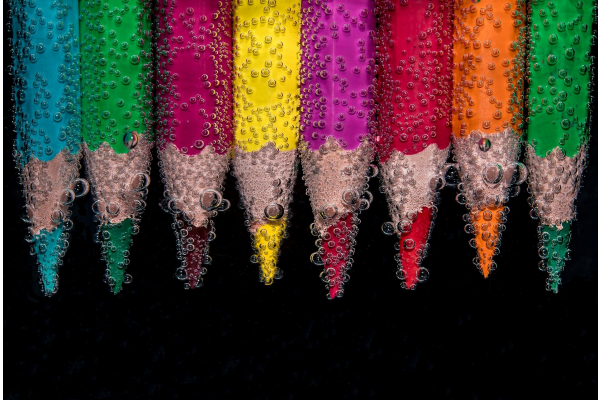
Para Nuestro Bienestar is a Spanish language support group for women who are newly diagnosed (within the last 18 months) to meet with others and receive support.

Para Nuestro Bienestar

Para Nuestro Bienestar es un grupo de apoyo en español para mujeres recién diagnosticadas con cáncer de mama (en los últimos 18 meses) para conocer a otras y recibir apoyo.

Call Angela M. Papalia, LMSW (516) 877-4329.
Llame a Angela M. Papalia, LMSW (516) 877-4329.

ONLINE CREATIVE ARTS WORKSHOPS



Our (4) week creative arts workshops empower participants to express themselves using art. This therapeutic program offers a safe place to communicate your thoughts, feelings, concerns, problems, hopes and dreams. Our professional staff guides you through different exercises and discussions helping you to find ways to gain personal insight and develop new coping skills.

For information on future workshops, please call **Angela M. Papalia, LMSW** at **(516) 877-4329** or email **apapalia@adelphi.edu**.

Our creative arts workshops are facilitated by **Angela M. Papalia, LMSW**, Assistant Director for the Adelphi Breast Cancer Program along with **Kimberly Newman, BFA**, Communications and Marketing Coordinator for the Adelphi Breast Cancer Program.

The Warriors Book Club Meeting



Participation in the Warriors Book Club will provide you with a wonderful, feel-good, laugh out loud and inspirational experience! The purpose of the Warriors Book Club is to support people in the

community impacted by Breast Cancer. This club will provide the opportunity to connect with others and share an uplifting book.

Monday, October 23, 2023

**Join us for a special in-person Warriors Book Club meeting
from 3:30 pm - 5:00 pm
at Adelphi University
Ruth S. Harley University Center (Room 113/114)**

The book we will be discussing on October 23rd is:
Save What's Left by Elizabeth Castellano.

*****Guests will have the opportunity to meet and chat with author Elizabeth Castellano.***



Book Description: An outrageously funny debut novel about a woman who moves to a small beach town looking for peace, only to find herself in an all-out war with her neighbors.

**About The Author:**

Elizabeth Castellano grew up in a beach town. She lives in New York. *Save What's Left* is her debut novel.

REGISTRATION:

Click here to register for our **October 23, 2023** in-person Warriors Book Club Meeting.

Join Our Family of Volunteers

Are you a breast cancer survivor?

Are you looking for meaningful ways to contribute to your community?



- Get trained to volunteer in the following areas:
- Community outreach
- Educational presentations
- Hotline
- Speaking engagements
- Publicity

- Fundraising

Join us on zoom for an Online Volunteer Training

10 am - 1 pm on 10.30.23, 11.6.23, 11.13.23, and 11.20.23

We ask that you please commit to all 4 sessions.

Our process involves having an initial interview after you confirm that you are interested and available, followed by the training sessions, and finally an exit interview to decide if the program is a good fit for you and you are a good fit for the program

For more information on our online Volunteer Training, please contact Nina Foley at 516.877.4315 or e-mail at nfoley@adelphi.edu.

News and Press Releases

Program Highlights



New opportunity for breast cancer survivors to help in New York State

The Adelphi NY Statewide Breast Cancer Hotline & Support Program today announced that it is expanding its volunteer corps to include breast cancer survivors throughout New York State. Previously volunteers had to live in the NY Metropolitan area, where the hotline is located "But now, since so much can be done virtually," says director Reyna Machado, "we are able to offer all our training on-line for New Yorkers wherever they live."

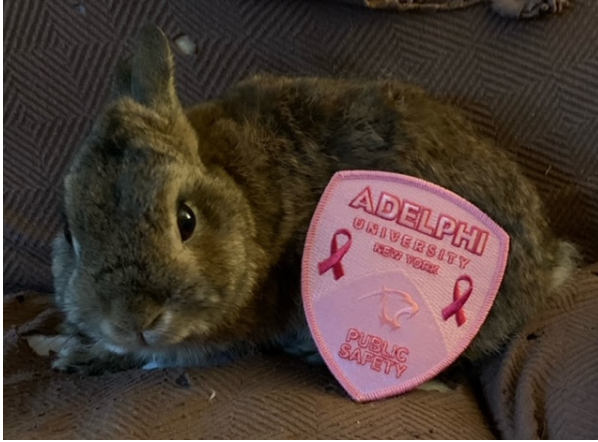
[Click here](#) to read the press release

READ MORE

HELP SUPPORT US THIS OCTOBER

Throughout Breast Cancer Awareness Month help support the Adelphi Breast Cancer Program.

Pink Patch Project 2023



Adelphi Public Safety has teamed up with the Adelphi NY Statewide Breast Cancer Hotline & Support Program to promote Breast Cancer Awareness Month. Visit us at the Adelphi University Center on 10/2, 10/10, 10/18 and 10/26. More details to follow!



Ghosts and Goblins for Cancer



Join us this October for breast cancer awareness month in Island Park. Each year, Frank Amoruso decorates his Island Park home as THE BATES MOTEL and helps raise money with his haunted house to support the Adelphi NY Statewide Breast Cancer Hotline and Support Program.

Visit the BATES MOTEL this October at 1039 Traymar Blvd, Island Park.

Fortunoff "Power of Pink"

THERE IS POWER IN PINK

October is Breast Cancer Awareness Month.



Fortunoff Fine Jewelry will donate **20% OF EACH PURCHASE** from the Power of Pink Collection, through October 31st. Proceeds will help several local and national charities.

fortunoffjewelry.com
1-800-636-7886

fortunoff
FINE JEWELRY

This October, Fortunoff Fine Jewelry will donate 20% of EACH PURCHASE from the Power of Pink Collection to the Adelphi Breast Cancer Hotline & Support Program and other local and national charities. Fortunoff has curated a collection of pink jewelry in honor of breast cancer awareness month. See the full Power of Pink collection at:

<https://www.fortunoffjewelry.com/collections/power-of-pink>

Breast Cancer Awareness Week at Adelphi University



Once again, the Adelphi NYS Breast Cancer Program is proud to partner with Campus Recreation, as well as the Athletic Department for Breast Cancer Awareness! This year, breast cancer awareness week will be 10/23 - 10/27. Be on the lookout for our outreach tables on campus! Thank you for your continued support.

Support the Adelphi Breast Cancer Program



DO YOU LIKE A CHALLENGE?

There are so many different ways you can help support, boost awareness, and raise funds for the **Adelphi NY Statewide Breast Cancer Hotline & Support Program**. Get ready to create your very own **FUN**draiser!

Thank you to everyone who has supported us with facebook fundraisers, drive-in movie and exercise events. The annual "power of pink" jewelry collection, pink pumpkins, pink patch and halloween fundraisers have proven successful.

Your fundraising efforts allow us to provide outreach at community health fairs, host volunteer trainings, offer support groups, individual counseling, present educational forums and refer women to free or low-cost mammography screening.

Click here to [**START YOUR FUNDRAISER**](#) and fill out the form. We will share your fundraiser over social media, our website and in our monthly newsletter. We want to help you have a successful campaign!

DONATE

[Click here](#) to help support the **Adelphi Breast Cancer Program**. Without funding, our program will no longer be able to provide life-saving services to those who are truly in need. Please make a tax-deductible donation today, so that we may be there for the breast cancer community.

**The Adelphi Breast Cancer Program
wishes our volunteers
the happiest of birthdays!**



Research Opportunities

**The STOP breast cancer clinical trial – Stony Brook Medicine
Are you Postmenopausal? Do you have Dense Breasts?**

Research suggests that women with dense breasts are more likely to develop breast cancer. This study will test if anti-inflammatory drugs are able to reduce breast density and help us understand why breast density is linked to breast cancer development. This study is sponsored by the National Cancer Institute.

If interested, please contact us at **(631) SB-Trial** (728-7425) or CancerClinicalTrials@stonybrookmedicine.edu

Please **click here** to see the flyer.

Do you have breast cancer or are you a survivor? Do you live in Nassau County, NY?

Students from Molloy College are conducting a research project. This study plans to examine the connection between breast cancer diagnosis and treatment in relation to COVID-19.

If you currently have Breast Cancer are a Survivor or are in Remission, we invite you to participate in an anonymous 5 -15 minute survey about your experience with Breast Cancer during COVID-19.

Why Complete The Survey? Your responses will help the scientific community improve breast cancer care during the COVID-19 Pandemic?

PLEASE CLICK THE APPROPRIATE SURVEY LINK BELOW

Patients/Currently Undergoing Treatment: <https://forms.gle/xPveAXvtEGESZS3M7>

In Remission: <https://forms.gle/22vmcWo37XWEQqok7>

If you have any questions, please email molloyresearch2021@gmail.com



Let's Stay In Touch

Contact our Hotline, Visit our Website, Follow us on Social Media

Follow us on Social Media and online to see photos of our wonderful volunteers at our outreach events, stay up-to-date on programs, forums and support groups. Read news articles and new studies on breast cancer, read inspiring stories from our volunteers, watch our events live on facebook and see the wonderful people and businesses that support us.



SOCIAL MEDIA

[facebook](#), [twitter](#), [pinterest](#), [youtube](#), [instagram](#)

**WEBSITE**

breast-cancer.adelphi.edu

HOTLINE

800.877.8077 - We are here for you 365 days a year!

Thank you to all our sponsors

(Listed below in alphabetical order)

Alpern Family Foundation Inc.

Kat's Ribbon of Hope

Manhasset Women's Coalition Against Breast Cancer

The Junior Coalition of the Manhasset Women's Coalition Against Breast Cancer

The Marilyn Lichtman Foundation

The Mother Cabrini Health Foundation

Nassau County Office for Housing and
Community Development

New York State

Northwell Health Cancer Institute

Pink Aid
