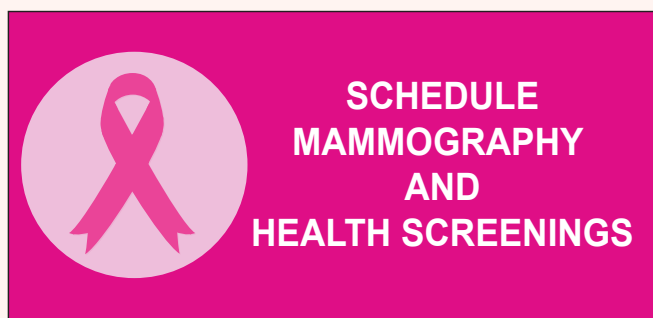
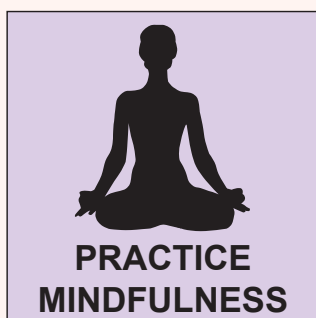


Take Time for *Self-care!*



Adelphi Breast Cancer Hotline

CALL: 800.877.8077

TEXT: 516.262.3263

breastcancerhotline@adelphi.edu

- **Contact us** for online professionally led bilingual counseling, support and wellness groups.
- **Call or text** to be connected with a breast cancer survivor for peer to peer support or a social worker.
- **Join us** for educational workshops and learn about free or low-cost mammography screening.



**ADELPHI NEW YORK STATEWIDE
BREAST CANCER HOTLINE & SUPPORT PROGRAM**

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