JOIN OUR FAMILY OF VOLUNTEERS

Train to become a volunteer with The Adelphi Breast Cancer Program

The Adelphi NY Statewide Breast Cancer Hotline and Support Program seeks breast cancer survivors of all ages, race, and ethnicity men as well as women to become volunteers. Thus, the program seeks a diverse group of volunteers to reflect the people who continue to be diagnosed with Breast Cancer. Our volunteers are invited to speak throughout the community about their experiences, speak one-on-one with people calling the hotline, raise funds to support our work, and provide educational presentations about breast cancer.

JOIN US, for our next volunteer training which will be held on three consecutive Tuesdays in September.

September 11, 18 and 25th
The training is all (3) days from 10 a.m. - 4 p.m.
at Adelphi University in Garden City

This in-depth training includes presentations by nurse navigators and social workers on basic breast cancer education, active listening skills, and tips on engaging the community. If you are interested in joining our family of volunteers, please contact Alida Rubenstein to arrange an interview.

Alida Rubenstein, Volunteer/Hotline Coordinator
WAYS YOU CAN VOLUNTEER

• speaking engagements
• publicity
• fundraising
• community outreach
• educational presentations
• hotline

Help support our program.
Your contributions are essential.
Go beyond the usual gift rotation and make a meaningful donation to the Adelphi NY Statewide Breast Cancer Hotline & Support Program. Your donation goes directly to help support our program.

WAYS TO DONATE...

- in honor of a friend or a loved one
- in memory of a friend or a loved one
- to celebrate a birthday or life event

Once your donation is received, we will send the card above to the
Thank you to everyone who donated in June

Hector Huerfano and Sir Johns Hair Salon
Aesthetic Plastic Surgery, PC
Sultana Distribution Services, Inc.
Carpet et cetera, Inc.
Debbie Langendorff
Bruce and Linda Cohen in honor of Lita Cohen Rudy
Judie and Vic Horowitz in memory of Judy

Join a Support Group
On-going support groups for Summer 2018

We offer weekly, bi-weekly and monthly meetings at no charge. All groups are facilitated by a social worker or master level social work intern. Our support groups include: General Support Group, Caregivers of people with Breast Cancer, Young Women Under 40, Newly Diagnosed Stage 4 and our Touchstone:Book Club group.

We also have a Cafecito group which is for spanish speaking women with breast cancer.

>> Support Group Schedule

For more information, questions and to sign up, call Erin Nau, LCSW Counseling & Education Coordinator at 516-877-4314 or enau@adelphi.edu

For more information on the Cafecitio group and to sign up, call Angela M. Papalia, LMSW Bilingual Social Worker at 516-877-4329 or apapalia@adelphi.edu

You can also call the Breast Cancer Hotline at 800-877-8077.
Forums

All forums are FREE and open to the public. All forums are held at the Alumni House at Adelphi University (154 Cambridge Avenue, Garden City).

Seating is limited. Reservations are required.

Please click here to see our upcoming forum schedule.

If you missed our forums, they can be watched on our YOUTUBE channel at anytime.

LI2Day Walk

Thank you to everyone who participated in the LI2Day Walk on June 9, 2018. Thank you for joining the Adelphi Breast Cancer Program team!

www.li2daywalk.org
Martha's Kayak, Inc. Inaugural Kayak Event
In memory of Martha Leider

When: Saturday, July 21, 2018 (9:00 a.m.)
Where: Empire Kayaks - 4 Empire Boulevard, Island Park, NY 11558

NO COST TO PARTICIPANTS
Open to breast cancer survivors and those under treatment

Program: Will include Kayaks, Instruction, Lunch and Presentations
For more information and to register please contact:

Roger Leider (917).842.1484
rleider@concatn8solutions.com

Erin Nau (516).877.4314
enau@adelphi.edu

Martha Leider was an avid kayaker and found solace on the water spending time with her family while she battled metastatic breast cancer. Martha found and fed “her swans” every weekend and coined the name “food kayak” as the swans came to her for their meals. Our goal is to honor Martha’s memory and to provide access to kayaking for women who are survivors or who are under treatment for breast cancer. Come join us for an inspirational and fun morning on the water. This is an all expenses paid experience. Lunch to follow event, location to be determined.

Research Opportunities

Please use the contact information listed for each research project if you are interested in participating.

Have Your Voice Heard

Are you a current or former participant in a Breast Cancer Support Group?

Participate in a Research Study and share your experiences in Breast Cancer Support Groups.

This study is open to men and women 18 years and older who have participated in a breast cancer support group.

This survey is being conducted by Erin Nau, LCSW and Hillary Rutter, LCSW of the Adelphi NY Statewide Breast Cancer Hotline & Support Program.

>> For more information and to participate in this study

Community Healthcare Survey

In order for Stony Brook Medicine to best serve the needs of the community, they would like to hear from you. This survey contains questions about challenges you may face regarding healthcare. The survey will only take about five minutes to complete.

Your answers will provide insight on ways to improve patient care and procedures to more effectively address the needs of the community.
Click here to participate in this survey

Sisters United In Health

WE CAN...

• Help you get a free or low-cost mammogram REGARDLESS OF YOUR HEALTH INSURANCE OR IMMIGRATION STATUS.
• Answer your breast health and breast cancer questions and provide educational materials.
• Provide breast health workshops at no cost.
• Available in English and Spanish.

Like the Sisters United in Health facebook page.

For more information call Sisters United in Health at 800.559.6348 or click here to learn more.

Happy Birthday to our volunteers

We would like to wish a Happy Birthday to all our volunteers with a JULY Birthday.

HAPPY BIRTHDAY

Louise W.
Terrilyn D.
Elizabeth V.
Debra T.
Eileen E.
Anne H.
Marge F.
Let's Stay in Touch
The number for our hotline is 800-877-8077

Follow us on Social Media and see photos of our wonderful volunteers at our outreach events, stay up-to-date on programs, forums and support groups. Read news articles and new study’s on breast cancer, read inspiring stories from our volunteers, watch our events live on facebook and see the wonderful people and businesses that support us.

Facebook
Twitter
Pinterest
YouTube

Online Chat
Did you know we have a LIVE CHAT feature on our website. Chat with a breast cancer survivor or social worker.

Thank you to all our sponsors
We would like to say thank you to all our amazing sponsors. (listed below in alphabetical order)

Alpern Family Foundation Inc.
The Beth C. Tortolani Foundation
Kat’s Ribbon of Hope
LI2Day
Manhasset Women’s Coalition Against Breast Cancer
The Junior Coalition of the Manhasset Women’s Coalition Against Breast Cancer
Nassau County Women’s Bar Foundation
NYS Department of Health
Pink Aid
Plastic Surgery Foundation

Please visit our website at breast-cancer.adelphi.edu
Donate to our cause at breast-cancer.adelphi.edu/donate